

# CAPE COD

It's summer in the USA and the movies tell us that's when the fancy families head to the Cape for their annual summer break. We went for a weekend to see what all the fuss was about.



## DAY ONE

**MORNING:** Spend the morning exploring Hyannis, making sure to save about an hour to for the JFK Hyannis Museum to learn all about JFK, the Kennedy dynasty and the family's history with the Cape. After the museum, wander along Hyannis Main Street popping in and out of the maritime-themed gift and souvenir shops. It's almost impossible to leave without trying the brightly coloured salt water taffy.

**LUNCH:** Grab a sandwich from The Little Sandwich Shop on the Hyannis Main Street for a hearty meal that you can take to eat right on the beach. Alternatively, for seafood in a relaxed, kitsch diner, try Spanky's Clam Shack & Seaside Saloon.

**AFTERNOON:** Get among nature and experience a unique American national park – the Cape Cod National Seashore. With 65 kilometres of sandy beaches, an array of lighthouses, and wild cranberry bogs to explore, rent a bike or head out on foot for an afternoon of fun. Try to spot a seal, learn about surf lifesaving in the USA, or catch a glimpse of what life was like on the Cape in the 1900s. Kids should pick up a free Junior Ranger Activity Booklet at one of the visitor centres and complete the activities to attain a Junior Ranger badge to add to their souvenir haul.

**EVENING:** Check into the Cape Codder Resort & Spa where the kids will love the indoor water park and parents can relax before dinner at one of the three on-site restaurants. If you're lucky, there will be live music at the Hearth 'n Kettle Restaurant.

WORDS AND IMAGES: JANECE KELLER.

## DAY TWO

**MORNING:** Drive up to the northern tip of Cape Cod and Provincetown, the site of the Mayflower's landing in 1620. Take time to visit the Pilgrim Monument and neighbouring Provincetown Museum. P-town, as it's known to locals, is an artists' haven and the main street is full of arts and crafts stores perfect for perusing.

**LUNCH:** Stop at the iconic The Lobster Pot. With ocean views from three sides of the restaurant it's hard to dwell on the menu for too long. Our picks are the clam chowder and lobster rolls.

**AFTERNOON:** Head out for an afternoon of whale watching with Dolphin Fleet. As you head out the harbour, keep your eyes peeled for minke, finback and humpback whales – all playing close to the coast. You'll be on the boat for three to

four hours, so be sure to take sunscreen, a hat, extra layers of clothing for warmth, and wear comfy shoes. On board you can listen to whale vocalisations, track the vessel's movement, and view microscopic life.

**EVENING:** Culminate your weekend with a sunset dune tour from Provincetown with Arts Dune Tours. As you sit on the sand dunes and watch the sunset over the water, you'll feast on a traditional New England Clam Bake dinner, served picnic style (vegetarians are catered for too).